

TRAVEL CHECKLISTS & PACKING LISTS

This is the ultimate list. You don't need to pack all these items; they're listed here to help make sure you don't forget anything. In fact, bring half of what you think you need and twice as much money. Bail money optional.

BEFORE YOU LEAVE HOME

To ensure peace of mind while you are away, here is a last-minute checklist of things to do before you go. Taking care of the things on this list will help you in case of any emergencies; if you lose your documents, luggage, or identification; and ensure your home is secure and taken care of while you are away.

- Verify that your name on your identification matches all travel documents.
- Verify that your identification and travel tickets are in your carry-on bag and will be available at all times.
- Bring your travel and health insurance information and have it handy at all times.
- Leave copies of your passport, travel documents, and any credit cards you plan to use with a family member or trusted friend.
- Place a card with your name and address inside your luggage, as well as on the outside. Remove all old tags.
- Call credit card companies before traveling to alert them you are traveling outside your normal area.
- □ Have the post office hold your mail.
- Stop your newspaper delivery, or have a friend or neighbor take them in for you.
- Do you need to contact your Home Security Provider to notify them of your travel plans?
- Do you need to hire a House Sitter, Pet Sitter, or Plant Sitter?

COVID CHECKLIST

- Face masks at least 1 per person per day
- Alcohol-based hand sanitizer (at least 60% alcohol) 12oz. bottles are now accepted in a carryon bag
- Disinfectant wipes (at least 70% alcohol) for surfaces
- Digital thermometer
- □ Proof of Negative COVID-19 Test (Where Required)
- □ Proof of COVID-19 Vaccination (Where Required)
- $\hfill\square$ Check the links above for COVID-19 information.



TSA TRAVEL CHECKLISTS

BEFORE PACKING

- Liquids, gels, and aerosols packed in carry-on must follow the 3-1-1 liquids rule:
- □ 3.4 ounces or less per container
- □ 1-quart size, clear, plastic, zip-top bag (all liquids must fit in the bag)
- □ 1 bag per passenger
- □ Review the prohibited items list for both carry-on and checked baggage.
- □ If purchasing a baggage lock, be sure to look for those that are TSA recognized.
- □ Tape a card with your name and contact information on your electronics.

WHEN PACKING

- Deck items in layers (shoes one layer, clothes one layer, electronics one layer, etc.)
- □ Firearms are only allowed in checked baggage and must be unloaded, placed in a locked, hardsided container and declared to your airline.
- □ All fireworks contain explosive materials and are not permitted in checked or carry-on baggage.
- Deck large electronics on top layer of carry-on for screening accessibility.
- Place your 3-1-1 bag with liquids, gels and aerosols in the front pocket of your carry-on for accessibility.
- □ If traveling with a pet, be sure to bring a leash so carriers can be properly screened.

BEFORE LEAVING FOR THE AIRPORT

- Give yourself enough time to arrive at the airport early.
- Wear easily removable shoes.
- Passengers with a disability or medical condition may call ahead to the TSA Cares toll free helpline at (855) 787-2227.

BEFORE ENTERING THE CHECKPOINT

- □ Eligible passengers look for the TSA PreCheck[®] lane for expedited screening at participating airports.
- □ Have your ID and boarding pass out for inspection.

IN STANDARD SCREENING LANE

- Remove the 3-1-1 liquids bag and place it in the bin.
- □ Ensure pockets are empty (keys, tissues, currency, wallets, cell phones, etc.) and remove bulky jewelry (valuable items can be placed in carry-on).
- Remove your shoes and place them directly on the X-ray belt.
- Remove personal electronic devices larger than a cell phone from your carry-on bag and place them into a bin with nothing placed on or under them for X-ray screening. (E.g. laptops, tablets, e-readers and handheld game consoles.)
- **D** Remember to check the bins and collect all belongings after going through screening.



THE ESSENTIALS

Packing for your vacation can be one of the worst parts of the vacation. To make this tedious process easy, we have compiled a comprehensive list of essentials to take on your vacation. Packing requirements for a vacation vary depending on what kind of activities you are planning as well as your own personal needs and lifestyle.

TRAVEL DOCUMENTS AND IDENTIFICATION

- Passport (6-month Validity Rule: Your passport must be valid at least six months after the trip's end date.)
- D Photo ID &/or Driver's License
- Vias(s)
- □ Vaccination certificate or card (if required)
- D Boarding Passes (printed or electronic): airline, cruise, train, bus
- Confirmation Receipts (electronic): hotel, train, bus, rental car, event tickets, etc.
- □ Confirmation Receipts (printed): 3 copies of airline reservation, cruise reservation, passports/visas, itinerary pack 1 copy in carry-on, 1 copy in checked luggage, and leave 1 copy with someone at home.
- Emergency Contact: name, relationship, phone number, and email
- □ Maps, destination guides, etc.

TRAVEL FUNDS

- 🛛 Wallet
- Credit Cards be sure to call credit card companies before traveling to alert them you are traveling outside your normal area.
- Contact numbers to report lost/stolen credit cards.
- ATM Card / Debit Card
- Cash (especially useful for tips)
- Foreign currency
- Pre-paid phone card

MEDICAL & INSURANCE

- Prescription medications and any other essential medications in a carry-on bag. (Pack medications in the original prescription bottles in case Medical Personnel need that information.)
- Medical insurance cards (Health, Eye, Dental, etc.)
- Medical history (especially if traveling alone)
- Medical alert bracelet or necklace
- Diabetes testing supplies
- 🛛 Insulin
- Inhalers
- EpiPens
- List of medications and a list of allergies (food, medicines, insect/animal, seasonal, etc.)
- Auto insurance card for car rentals
- □ Travel insurance confirmation



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TRAVEL AIDS & PERSONAL COMFORT (FOR YOUR CARRY-ON)

TRAVEL AIDS & PERSONAL COMFORT

- Deleasure reading (Books, E-books, Magazines)
- □ Neck Pillow / Travel Pillow
- □ Warm layer (shawl, sweater, travel blanket)
- Warm socks
- Eye Mask / Sleeping Mask
- Headphones / Earplugs
- □ EMPTY Water Bottle (Fill Post-Security)
- □ Snacks / Gum (Pack these in a Ziploc bag for easy removal by TSA and spillage prevention.)
- □ Change of Clothes
- □ Motion-sickness remedy
- □ Sleeping pills
- Anxiety medication



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CLOTHING

BASICS

- Underwear
- Casual Socks / Dress Socks
- Undershirts
- □ Bras (include strapless if needed for evening wear)
- □ Camisole / Slip
- Pantyhose / Hosiery / Stockings
- □ Sleepwear / Pajamas / Loungewear
- □ Robe (Some Cruise Lines & Hotels may supply this.)

CASUAL

- T-shirts / Casual Tops
- Tank Tops
- Sweatshirts
- Jeans
- Casual Pants
- Shorts
- □ Exercise Clothing / Activewear
- Swimsuits / Swimwear / Cover-Ups, Pareo, Sarong

FORMAL

- Dress Shirts / Dress Tops
- Sweaters
- Blazers / Suit Coats / Sport Jacket
- □ Slacks / Dress Pants
- Dresses
- U Wrap
- □ Skirts
- Suits
- Tuxedo

OUTERWEAR

- □ Jackets / Windbreakers
- Coats
- Raincoats
- Hats / Caps
- Gloves / Mittens
- Scarves
- □ Earmuffs / Ear Warmers



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FOOTWEAR

- □ Athletic Shoes / Tennis Shoes
- Walking Shoes
- Leisure Shoes
- Dress Shoes / Heels
- Flats
- □ Sandals / Flip-Flops
- □ Slippers
- Boots
- □ Specialty (Water Shoes, Cycling Shoes, Hiking Boots, etc.)

ACCESSORIES

- Belts (Casual & Dress)
- □ Ties & Bowties, Pocket Squares, Cummerbund, Vest, Suspenders
- Cufflinks & Studs
- Wristwatches & Pocket Watches
- □ Jewelry (if valuable, put in carry-on)
- Purses
- Glasses
- lacksquare Contacts, extra contacts (if needed), contact lens cleaner, and case
- □ Sunglasses / Prescription Sunglasses
- Reading Glasses
- Glasses Case
- Binoculars
- Collapsible Umbrella
- Under-clothing Document Holders / Money Belts / Fanny Packs

ELECTRONICS

- □ Cell Phone / Smartphone + Charger
- □ Headphones / Earbuds + Charger
- □ Laptop & Mouse + Charger
- □ iPad / Tablet + Charger
- □ Smart Watch / Apple Watch + Charger
- E-reader + Charger
- Camera + Charger
- Memory Card(s)
- □ Batteries / Portable Power Bank(s) / Portable Charger(s)
- □ International Power Adapters / Converters



TOILETRIES, HEALTH & BEAUTY, AND FIRST-AID

TOILETRIES

- Toothbrush
- Toothpaste
- Dental Floss
- Mouthwash
- Deodorant
- □ Eye drops / Contact Solution
- Lotion: Hand / Body (Cruise Ships & Hotels provide this unless you want to take your preferred brand.)
- Soap / Body Wash / Facewash (Cruise Ships & Hotels provide this unless you want to take your preferred brand.)
- □ Shampoo & Conditioner (Cruise Ships & Hotels provide this unless you want to take your preferred brand.)

HEALTH & BEAUTY

- □ Basic First Aid (band-aids, antibiotic ointment)
- □ Basic Medications (headache, allergy, stomach upset, motion sickness, sleep aid)
- Beauty Rounds
- Brush, Hair Ties, Bobby Pins
- 🛛 Comb
- Feminine Care Items
- □ Hair Product (gel, mousse, cream, paste)
- □ Hair Spray (non-aerosol)
- □ Hair Tools (blow-dryer, straightener) [Cruise Ships & Hotels provide hairdryers.]
- Lip Balm / Chapstick
- □ Makeup / Makeup Remover
- □ Mirror (Cruise Ships & Hotels provide this)
- Moisturizer
- □ Nail Care Tools (Clippers, Files, etc. be sure to pack in checked luggage)
- Nail Polish / Nail Polish Remover
- Perfume / Cologne
- Q-tips, Tissues, Cotton
- Shaving Items (Razor, Shaving Cream, Nick Stick be sure to pack in checked luggage)
- Sunscreen
- Tweezers
- Vitamins and Supplements



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FIRST-AID KIT

- □ 1% hydrocortisone cream
- □ Aloe gel for sunburns
- Antacid
- Antibacterial or antifungal ointments or creams
- Antihistamine
- □ Antiseptic wound cleaner
- Bandages / Band-aids
- □ Cotton swabs (Q-Tips)
- Cough drops, cough suppressant, or expectorant
- Decongestant
- Diarrhea medicine (Imodium or Pepto-Bismol)
- Digital thermometer
- Disposable gloves
- **D** Eye drops
- □ Insect bite anti-itch gel or cream
- Mild laxative
- Mild sedative or sleep aid
- □ Motion sickness medicine (Dramamine)
- Oral rehydration salts
- Dain and fever medicine (acetaminophen, aspirin, ibuprofen, Tylenol, or Advil)
- **D** Tweezers
- Vaseline



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KIDS, INFANTS, AND TODDLERS

Taking the entire family on a vacation will give you and your kid's memories to last a lifetime. We have compiled the packing lists below to help you ensure the trip will be fun, easy, safe, and comfortable for both children and parents. The lists below are a great start, but keep in mind that your children's specific needs, interests, and activities will ultimately determine what you bring.

KIDS' TOILETRIES

- □ Children's Shampoo/Conditioner
- □ After-sun Moisturizer
- Toothbrush, Toothpaste, Dental Floss
- □ Brush/Comb
- □ Hair Bands/Barrettes/Scrunchies
- Children's Tylenol/Benadryl
- □ Antibiotics/Drops for Ear or Eye Infections
- □ Mosquito/Bug Repellent for kids

TOYS & ENTERTAINMENT

- Backpack Stuffed with Coloring Books and Crayons
- □ Favorite Stuffed Animal
- Blankie
- Travel Games
- Electronic game and devices
- □ Kid's Books
- □ Spiral Notebook for Journal/Diary
- □ Cheap One-time Camera for the things that are important to them
- □ Extra Batteries or Battery Charger

INFANTS AND TODDLERS

- □ Aspirator
- Baby Aspirin or Tylenol
- Baby Shampoo
- Baby Sunscreen
- Baby Wipes
- Bibs
- Booster Seat Aid (strap to hold child in just in case the one on the chair you get at dinner doesn't work.)
- Bottle brush & trial-sized dish detergent for washing sippy cups
- Bottles
- Diaper Bag
- Diapers
- Formula
- Infant seat
- Infant Thermometer
- □ Items to childproof a room, such as outlet plugs and pipe cleaners.



- Pacifiers
- Port-a-Crib
- □ Quart-sized Ziploc bags and a travel-sized can of Lysol for dirty diapers
- Sippy Cups
- □ Small Bottle of Baby Laundry Detergent
- Stroller (If your child is younger than 5, we recommend bringing a stroller or baby backpack for walking and/or sightseeing during shore excursions.)
- Sun Hat
- Swim Diapers
- "The Blankie"
- □ Trial-sized hand sanitizing gel for diaper bag
- □ Waterproof Pads for Toddler's Bunks (sheets get changed daily mattresses don't!)

MISCELLANEOUS

- □ Juice Boxes for Excursions
- □ Inflatable Swim Aids
- □ Night Light and Extension Cord
- □ Kids Sunglasses
- □ Children's Sunscreen, SPF 3O-5O
- □ An address book with your child's friends' names and addresses so they can send out postcards.
- Updated pictures of your children in case they wander off. You'll need recent pictures so others can help you look for them.
- Dediatrician's name, regular and emergency phone numbers.
- □ 2-way radio or walkie-talkies with 2 5-mile range



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MISCELLANEOUS

- Journal or notebook and pen/pencil for making notes to tell your friends back home about your experiences.
- Business cards with an email address to give out to new travel friends.
- Home and email addresses of friends/relatives back home for sending postcards, emails, or gifts.
- Extra plastic cable-lock ties for securing luggage for return trip (better than locks, but onetime use only).
- Extra luggage name tags (in case yours are lost on the outbound trip).
- Zip-lock bags of all sizes and garbage/laundry bags.
- □ Small flashlight
- Night light
- Corkscrew (be sure to put in checked luggage)
- Swiss Army knife or something similar with screwdriver head, etc. (be sure to put in checked luggage).
- Lint Roller
- Laundry Kit (stain remover, fabric sheets, laundry soap/pods in Ziploc bag, travel-size Woolite)
- Collapsible Totes
- Playing Cards



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PACKING FOR ALASKA

When packing for an Alaska Trip, keep in mind that you want to dress in layers as the weather can go from cool to warm within a short period. From Spring to Fall, temperatures can range from 50 to 70 degrees and be supplemented by rain and wind.

APPAREL: BASE LAYER

- Long underwear
- D Patagonia Capilene® base layer
- Merino Wool base layer

APPAREL: MIDDLE LAYER

- □ Fleece jacket
- □ Synchilla® jacket
- Lightweight synthetic or down jacket (treated with durable water repellent (DWR))
- Expedition Weight long underwear
- Sweater

APPAREL: OUTER LAYER

- eVent or Gore-Tex[®] material jacket (including hood)
- □ Nylon pants (consider optional zip-off legs that convert into a pair of nylon shorts)
- □ Rain Jacket or Raincoat (for Alaska Rain Forests)
- $\hfill\square$ Thin Gloves
- □ Lightweight Hat / Cap
- □ Neck Gaitor / nylon neck buff (Not to be used for COVID Protection) / Lightweight Scarf

FOOTWEAR

- □ Non-cotton socks or Gore-Tex socks (for waterproofing)
- Lightweight, broken-in hiking boots with good traction two pairs in case one gets wet.

SUN PROTECTION

- □ Lightweight, brimmed hat
- Sunglasses
- Sunscreen

MISCELLANEOUS

- □ Fishing License
- Medium or Large Backpack
- □ Small First-Aid Kit
- Mosquito repellent with DEET
- Binoculars or a Spotting Scope
- Eye mask (to aid in falling asleep as daylight can last 16-24 hours in the Summer)