



# PACKING LIST FOR WOMEN

LADIES, TO BETTER HELP YOU PREPARE FOR YOUR VACATION; HERE ARE SOME GUIDELINES ON WHAT TO PACK. KEEP IN MIND THAT YOUR OWN TASTE, INTERESTS AND ACTIVITIES WILL DETERMINE WHAT YOU BRING.

## LADIES TOILETRIES

- CURLING/FLAT IRON OR CURLERS/HAIR DYER (IF NOT SUPPLIED AT DESTINATION)
- COMB/BRUSH
- HAIR GEL OR MOUSSE
- HAIR SPRAY (NON-AEROSOL)
- SHAMPOO, CONDITIONER AND/OR SOAP (CRUISE LINES/HOTELS SUPPLY BOTH, UNLESS YOU HAVE A FAVORITE)
- SHOWER CAP
- SOAP/FACE WASH
- DEODORANT
- FEMININE HYGIENE PRODUCT
- PERFUME
- TOOTHBRUSH/TOOTHPASTE/FLOSS/MOUTHWASH
- TWEEZERS
- MAKE-UP MIRROR
- MAKE-UP AND MAKE-UP BAG (LIST CAN BE ENDLESS!)
- MAKE-UP BRUSHES
- MAKE-UP REMOVER
- CLEANSER AND TONER
- MOISTURIZER
- NAIL POLISH AND REMOVER
- NAIL CLIPPERS AND FILE (BE SURE TO PACK IN CHECKED LUGGAGE)
- RAZOR AND SHAVING CREAM
- COTTON BALLS AND QTIPS
- CLEANSING WIPES
- PAJAMAS/ROBE (SOME SHIPS AND HOTELS HAVE ROBES)

## DAYTIME AND CASUAL WEAR

- BRAS (INCLUDE STRAPLESS IF NEEDED FOR EVENING WEAR)
- UNDERGARMENTS
- LINGERIE, NIGHTGOWN, PAJAMAS, ROBE
- EXERCISE/WALKING SOCKS
- BELTS
- WALKING AND HIKING SHOES
- WALKING SANDALS
- COSTUME JEWELRY AND EXTRA WATCH
- SWIM SUIT
- SWIM SUIT COVER-UP, PAREO, SARONG
- SANDALS, THONGS, FLIP FLOPS (FOR ONBOARD BY THE POOL)
- WORKOUT CLOTHES AND SPORTS BRA
- 4 DRESSES/OUTFITS

- SHORTS
- TOPS OF ALL TYPES (SLEEVELESS, SHORT-SLEEVED, LONG-SLEEVED)
- CAPRI PANTS
- SLACKS
- WINDBREAKER JACKET
- SWEATSHIRT
- RAINCOAT WITH HOOD & WATERPROOF FOOTWEAR
- TURTLE-NECK SHIRTS
- GLOVES, SCARVES AND STOCKING CAP (IT GETS COLD ON A GLACIER)

## **EVENING WEAR**

- 3 DRESSES/OUTFITS FOR FORMAL NIGHTS
- EVENING SWEATER
- EVENING JACKET/WRAP
- BELTS
- EVENING BAG
- EVENING SHOES
- COSTUME JEWELRY/HAIR ACCESSORIES
- TROUSER SOCKS OR PANTYHOSE
- CAMISOLE/SLIP

## **MISCELLANEOUS**

- PRESCRIPTION MEDICATIONS AND ANY OTHER ESSENTIAL MEDICATIONS IN CARRY-ON BAG
- GLASSES, EXTRA CONTACTS, CONTACT LENS CLEANER AND CASE
- EXTRA READING GLASSES
- SUNGLASSES
- READING SUNGLASSES
- EAR PLUGS
- SMALL FIRST AID KIT (BAND AIDS, Q-TIPS, VASELINE, DRAMAMINE, ANTIBIOTIC CREAM, BANDAGES, ANTI-DIARRHEAL MEDICATION, CORTISONE CREAM, ASPIRIN/TYLENOL/ADVIL)
- MOSQUITO/BUG REPELLENT WITH DEET
- SUN SCREEN/SUN BLOCK AND LIP SUNBLOCK
- GERMICIDAL HAND CLEANER
- SANITIZER WIPES
- HAND LOTION
- RUBBING ALCOHOL
- FOOT LOTION
- SEWING KIT AND SCISSORS (PACK IN CHECKED LUGGAGE)
- TRAVEL-SIZE WOOLITE
- CLOTHES PINS
- EMPTY FOLDING TOTE BAG - FOR SOUVENIRS
- HATS/CAPS/VISORS
- INSULATED LARGE COFFEE MUGS
- PRESSURE POINT WRIST BANDS FOR MOTION SICKNESS
- STAIN STICK
- LAUNDRY PODS IN ZIPLOC BAG
- FABRIC SHEETS

- LINT ROLLER
- BINOCULARS
- WATCH
- GUIDEBOOKS, MAPS AND OTHER DESTINATION INFORMATION
- READING MATERIAL AND MAGAZINES (TO READ WHILE ON THE PLANE OR LOUNGING BY THE POOL)
- JOURNAL OR NOTEBOOK AND PEN/PENCIL - FOR MAKING NOTES TO TELL YOUR FRIENDS BACK HOME ABOUT YOUR EXPERIENCES
- BUSINESS CARDS WITH EMAIL ADDRESS TO GIVE OUT TO NEW CRUISE FRIENDS
- HOME AND EMAIL ADDRESSES OF FRIENDS/RELATIVES BACK HOME - FOR SENDING POSTCARDS, EMAILS, OR GIFTS
- EXTRA PLASTIC CABLE-LOCK TIES FOR SECURING LUGGAGE FOR RETURN TRIP (BETTER THAN LOCKS, BUT ONE-TIME USE ONLY)
- EXTRA LUGGAGE NAME TAGS (IN CASE YOURS ARE LOST ON THE OUTBOUND TRIP)
- SMALL TRAVEL ALARM CLOCK - BATTERY OPERATED
- ZIP-LOCK BAGS OF ALL SIZES AND GARBAGE/LAUNDRY BAGS
- SMALL FLASHLIGHT
- NIGHT LIGHT
- CORKSCREW (BE SURE TO PUT IN CHECKED LUGGAGE)
- SWISS ARMY KNIFE OR SOMETHING SIMILAR WITH SCREWDRIVER HEAD, ETC. (BE SURE TO PUT IN CHECKED LUGGAGE)
- COLLAPSIBLE UMBRELLA
- COLLAPSIBLE TRAVEL PILLOW FOR THOSE LONG AIRPLANE FLIGHTS
- PLAYING CARDS
- CONTACT NUMBERS FOR LOST CREDIT CARDS

## **PHOTOGRAPHY & ELECTRONIC EQUIPMENT**

- DIGITAL CAMERA, VIDEO CAMERA OR TRADITIONAL CAMERA
- ZOOM LENSES
- TRIPOD
- EXTRA FILM OR MEMORY CARD STICKS OR VIDEO TAPE
- EXTRA BATTERIES OR BATTERY CHARGER
- CELL PHONE AND CELL PHONE CHARGER
- LAPTOP OR TABLET - (LEAVE IT AT HOME, YOU'RE ON VACATION!)
- MULTI-CHANNEL WALKIE-TALKIES WITH 3 - 5 MILE RANGE TO KEEP UP WITH FAMILY/FRIENDS
- CELL PHONE AND CELL PHONE CHARGER
- INTERNATIONAL POWER ADAPTOR
- HDMI PLUGS